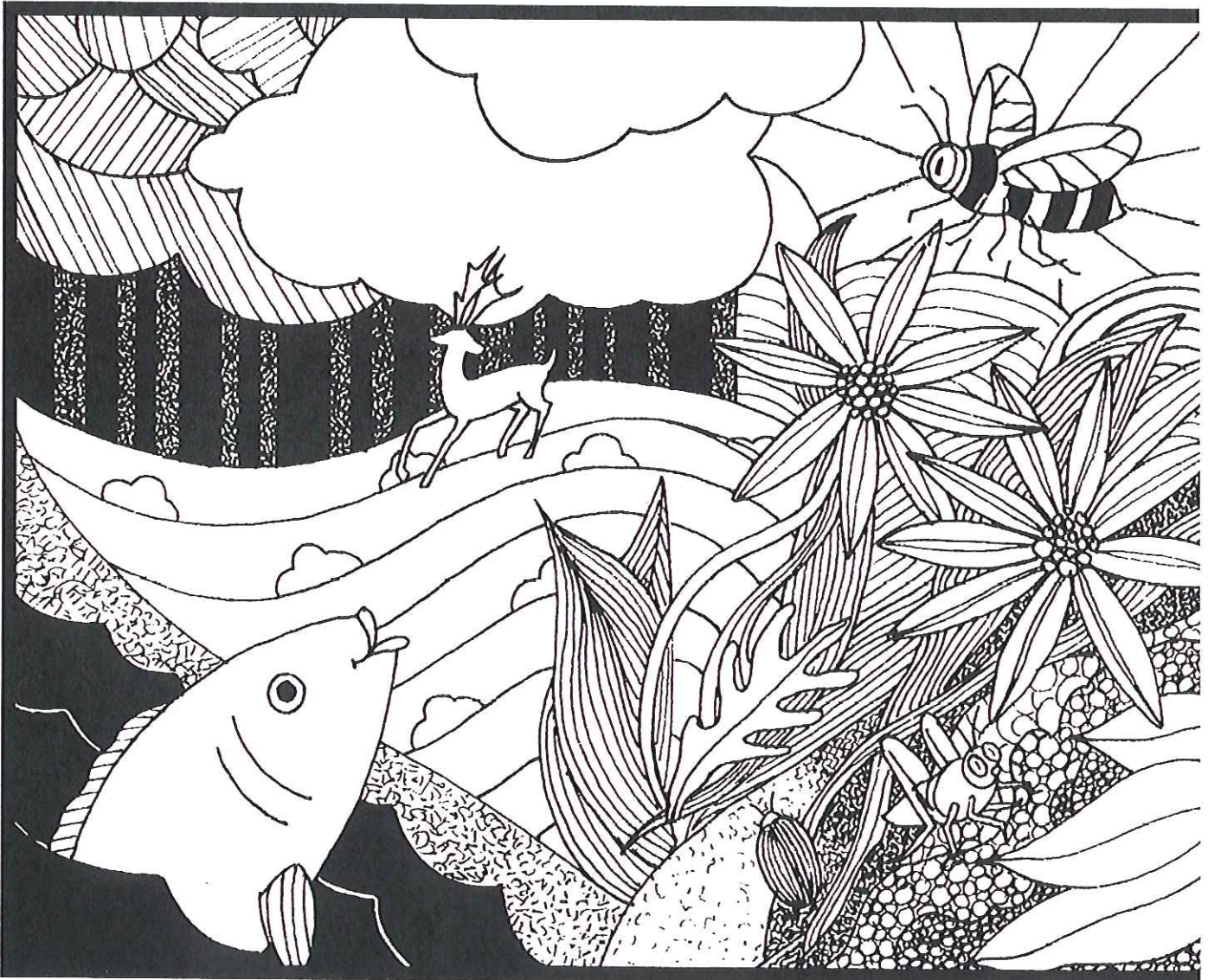


Activity Book



BUSY BEE



This book belongs to

Child's name

How to use this activity book

This activity book is designed for ease of use by the parent or teacher, and to stimulate enthusiasm on the part of the Adventurer. This activity book may be used as a whole, or the pages may be removed and completed one at a time. Collecting the completed pages and binding them together (with stapler or yarn) at the end of the year will provide a keepsake for the children to remind them of their Adventurers.



Produced by:
NAD Adventurer Ministries
12501 Old Columbia Pike
Silver Spring, MD 20904-6600

Distributed by:
AdventSource
5040 Prescott Avenue
Lincoln, NE 68506
1-800-328-0525

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NAD Adventurer Ministries
North American Division of Seventh-day Adventists
12501 Old Columbia Pike, Silver Spring, MD 20904-6600

Edited by Teresa Reeve

Designed by Glen Milam for *Wesley Thor Studios*,
Takoma Park & Smithsburg, MD.

Illustrations by *Orchard Hill Communications, CA*.

Printed in the USA.

Activity Book

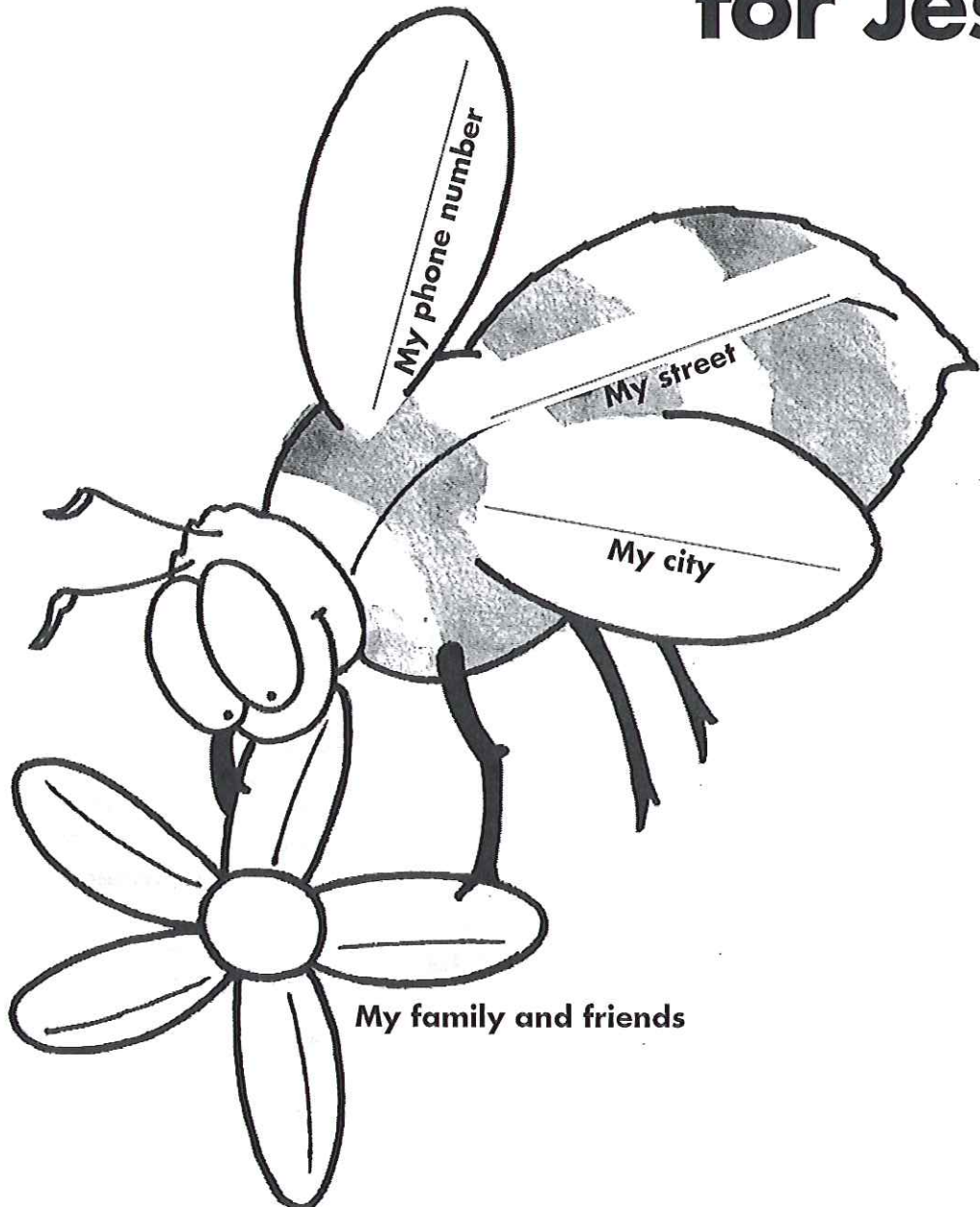


_____ /
first name

_____ /
last name

a BUSY Bee

for Jesus



Busy Bee Checklist

Basic Requirements

- I. Responsibility**
Recite and accept the Adventurer Pledge.
- II. Reinforcement**
Earn the Busy Bee Reading Award.

My God

- I. His Plan To Save Me**
 - A.** Create a story chart or booklet showing the order in which these events took place:
 - Creation
 - Sin and sadness begin
 - Jesus cares for me today
 - Jesus comes again
 - Heaven
 - OR the Bible stories you are studying in your classroom or Sabbath School.
 - B.** Use your story chart or booklet to show someone how much Jesus cares for you.
- II. His Message to Me**
Earn the Bible I Adventurer Award
- III. His Power in My Life**
 - A.** Spend a regular quiet time with Jesus to talk with Him and learn about Him.
 - B.** Ask three people what they pray about.

My Self

- I. I Am Special**
Make a booklet showing different people who care for you.
- II. I Can Make Wise Choices**
Name at least four different feelings. Play the "Feelings" game.
- III. I Can Care for My Body**
Earn the Health Specialist Adventurer Award.

My Family

- I. I Have a Family**
Paint or draw a picture showing something you like about each member of your family.
- II. Families Care for Each Other**
 - A.** Discover what the fifth commandment (Exodus 20:12) tells you about families.
 - B.** Act out three ways you can honor your family.
- III. My Family Helps Me Care for Myself**
Complete one of the requirements of the Safety Specialist Adventurer Award.

My World

- I. The World of Friends**
Tell how you can be a good friend. Use:
 - Puppets
 - Role-playing
 - Your choice

II. The World of Other People

- A.** Discuss the work people do for your church.
- B.** Learn about one job by helping the person do it.

III. The World of Nature

Earn a Friend of Animals Adventurer Award.



Instructor Checklist

Basic Requirements

- I. _____
- II. _____

My God

- I. A. _____
- B. _____
- II. _____
- III. A. _____
- B. _____

My Self

- I. _____
- II. _____
- III. _____

My Family

- I. _____
- II. A. _____
- B. _____
- III. _____

My World

- I. _____
- II. A. _____
- B. _____
- III. _____

It's great to be part of an Adventurer Club...

Adventurer Club will help you:

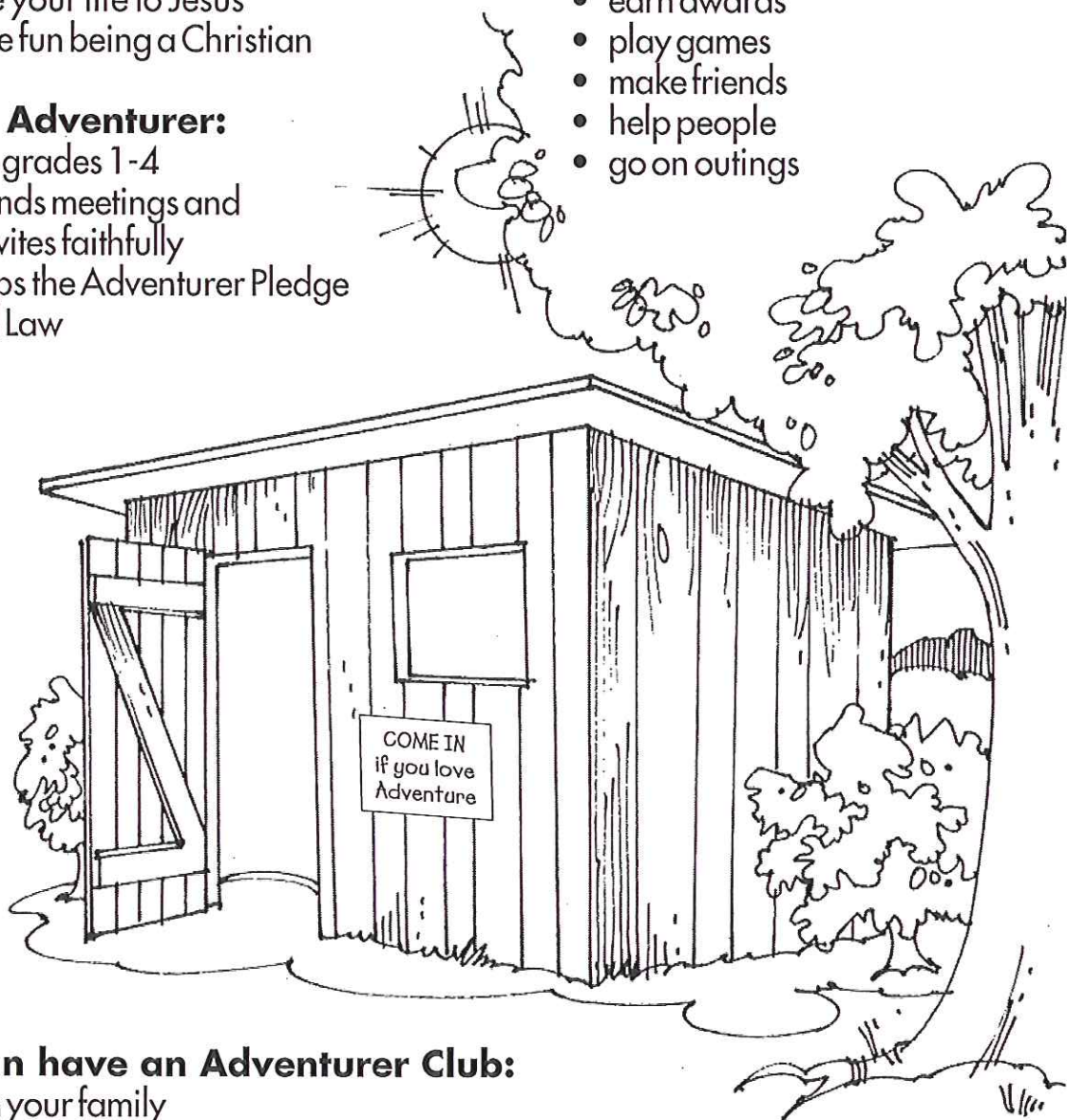
- give your life to Jesus
- have fun being a Christian

A real Adventurer:

- is in grades 1-4
- attends meetings and activities faithfully
- keeps the Adventurer Pledge and Law

In Adventurer Club, you'll:

- earn awards
- play games
- make friends
- help people
- go on outings



You can have an Adventurer Club:

- with your family
- with kids at your church
- with kids at school or in your neighborhood

If you don't have a club yet, ask your mom or dad or an adult at church.

Basic Requirements

Responsibility



Recite and accept the Adventurer Pledge.



Loves

Child's name

very much.



will

help

Child's name

to be a



for Him.

Adventurer Pledge

"Because Jesus loves me, I will always do my best."



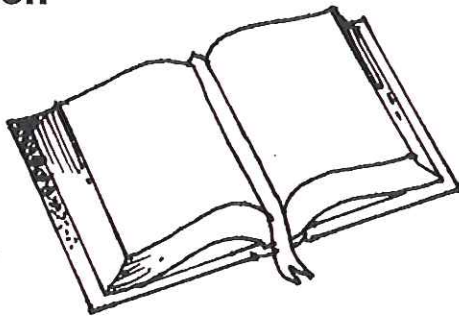
Reinforcement

Earn the Busy Bee Reading Award.

Read the book, then color the picture.



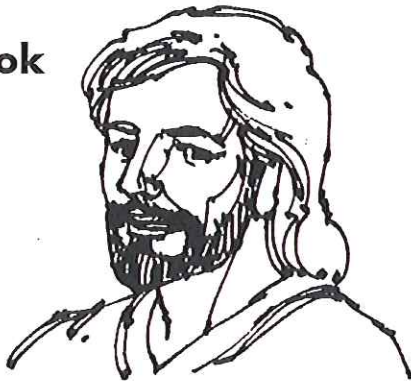
**Genesis 1:1-2:3
or Revelation
21:1-22:5**



**Book on
family,
friends or
feelings**



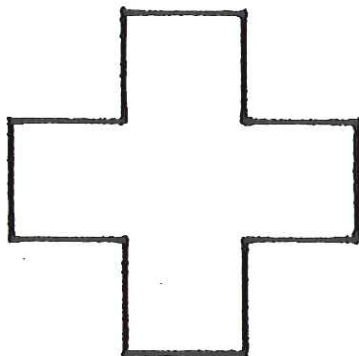
**Bible story
book or a book
about Jesus**



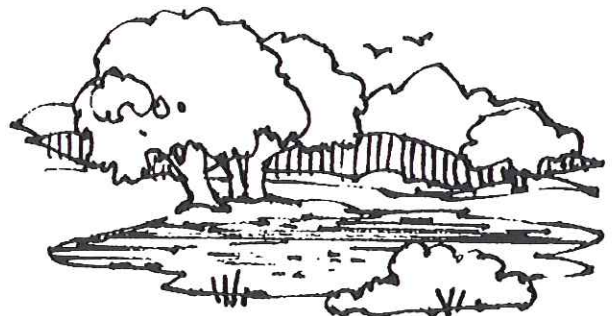
**Book on history
or missions**



Book on health or safety



Book on nature



Suggestions for Parents or Leaders

The Busy Bee Reading Award is awarded to children who read or listen while someone else reads:

1. Genesis 1:1-2:3 or Revelation 21:1-22:5 from a simple, modern translation of the Bible
2. A Bible story book or a book about Jesus
3. A book on health or safety
4. A book on family, friends or feelings
5. A book on history or missions
6. A book on nature

Provide children with several good books to choose from, which will help them to understand and apply the things they are learning this year in the Busy Bee classwork.

Be sure that the books are:

1. True to life. The books must present an accurate picture of reality. It must not be overly simplistic, sentimental, or exciting.
2. Lasting value. A good book helps the child to understand God, human nature, or the things of creation without appearing to be preachy and contrived.
3. Positive Morality. Evil and sin are recognized as such, and receive their just reward. The good should be upheld as the model and goal for the children.
4. Enjoyable. The book should be one that the adult enjoys reading. (If the adult does not enjoy it, it is highly unlikely that the child will—or should.)
5. Developmentally appropriate. A good book will fit the child's level of reading ability, sophistication, and interest.



His Plan to Save Me

A. Create a story chart or booklet showing the order in which these events took place:

- Creation
- Sin and sadness begin
- Jesus cares for me today
- Jesus comes again
- Heaven

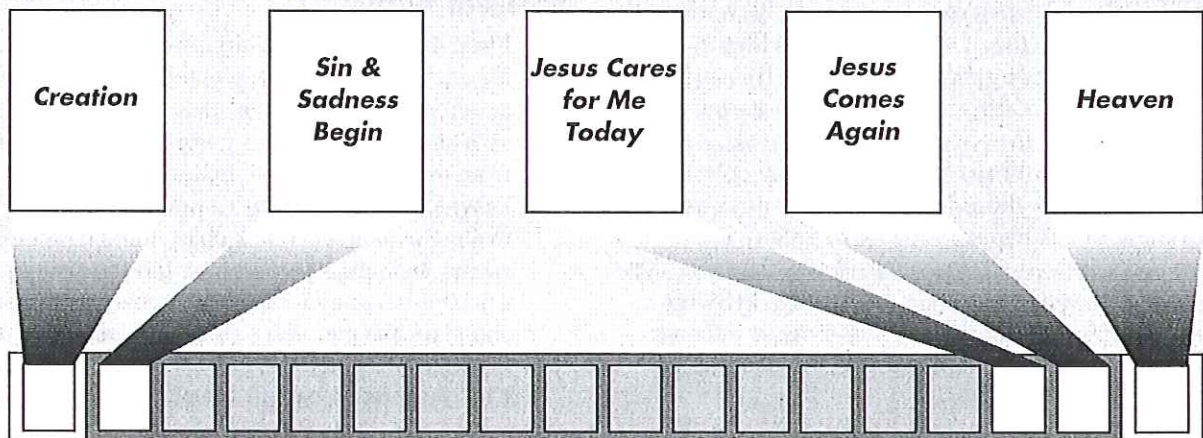
OR

the Bible stories you are studying in your classroom or Sabbath School.

B. Use your story chart or booklet to show someone how much Jesus cares for you.

S T E P B Y S T E P

Busy Bee Bible Story Chart



Suggestions for Parents and Leaders

Background Information

One of the greatest needs of the young child is the need for security and the ability to trust. This security and trust can be fastened safely on Jesus. The basic goal of the Busy Bee requirements is to teach the children that Jesus loves and cares for each of them personally.

Recognizing the major events in the battle between good and evil will make it possible for the children to understand how they fit into God's great plan to save us from evil. This understanding will help to relieve the self-doubt and confusion they feel when faced with the selfishness and suffering they see in themselves and in the world around them. They need to know that each person can choose between the good things which make people happy and the evil (or bad) things that hurt people. They need to know that God does not make bad things happen but that these things happen because of Satan's and people's poor choices. Children must know that regardless of why bad things happen, Jesus will always help those who love Him. (Stories from the classroom or Sabbath School Bible curriculum can be used to emphasize these same concepts.)

The Bible story chart or booklet makes it possible for the children to become familiar with the basic outline of the Great Controversy in a visual and sensorial way. They will learn the basic sequence of these events by hearing

the stories told, arranging the pictures and discussing and illustrating the stories. (During the next three years of Adventurer classes, the children will fill in more details to complete this basic framework.) Sharing this new understanding of Jesus' love will make it more solid in their minds and strengthen the habit of speaking to others about Him.

The story chart may be used in three different ways:

1. Place the pictures on a large wall story chart, adding each new picture as you tell the story. The children may refer to this chart as they work on their own chart(s) and as they learn about other stories from the Bible and from history.
2. Provide the children with a practice activity by making available a blank chart and the pictures, stories and labels provided on the following pages. The children may set the blank chart on the floor and place the pictures, stories and labels in order on the chart.
3. Children may also color the pictures and use the stories and labels to create their own story charts or story chart booklets.



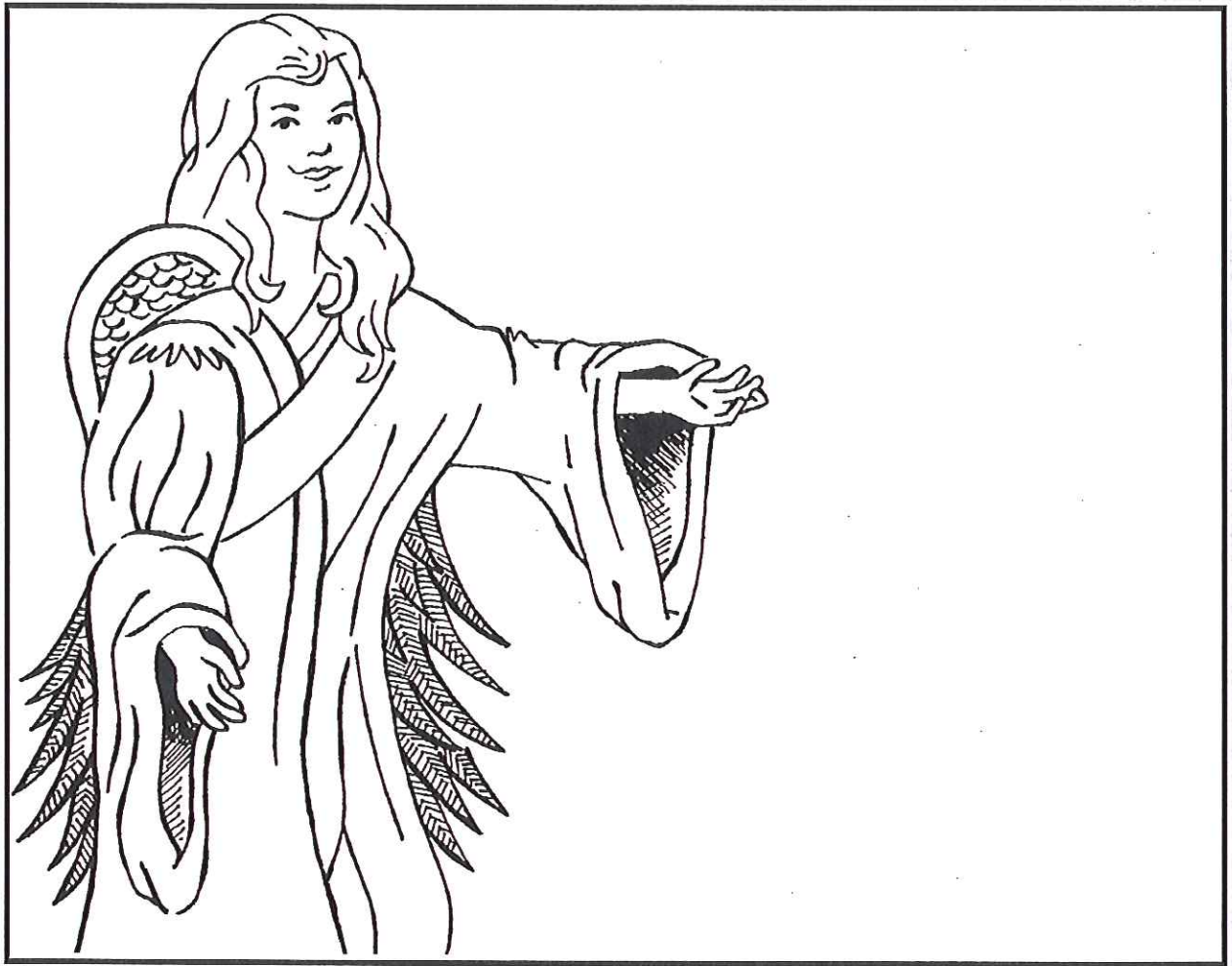
Creation

God created a beautiful new planet for people to live on. He asked them to care for it for Him.



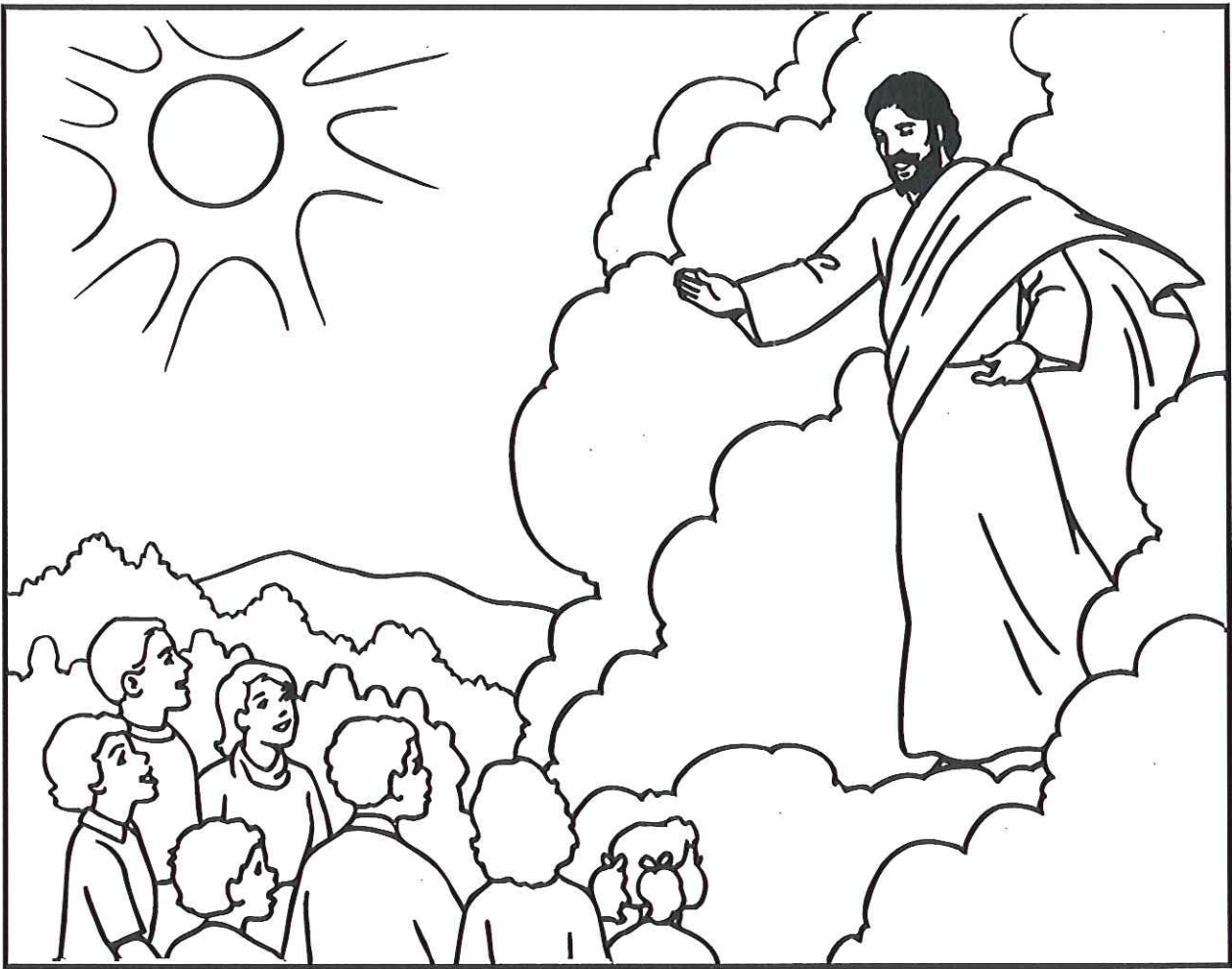
The First Sin

Adam and Eve chose to disobey God and do things their own way. This caused terrible things to happen to God's planet and His people.



Jesus Cares for Me Today

Jesus' angels are with _____ right
(my name)
now. Jesus will help me whenever I ask
Him to.



Jesus Comes Again

Very soon, we will see Jesus come on a cloud. He will take all His people to be with Him in heaven.



Heaven

We will live in heaven with Jesus forever. There will be many fun things to do. We will never be hurt or sad again.

His Message to Me

Earn the Bible I Adventurer Award

Bible I Award

1. Own a Bible.

2. Explain how to show respect for the Bible and how to care for it.

3. Name the first and last books of the Bible and tell who wrote them.

Cross out the pictures that don't belong.

4. Tell or act out the following stories:

- Creation
- The First Sin
- Jesus cares for me today
- Jesus comes again
- Heaven

5. Locate, read and discuss three of the following Bible verses about Jesus' love for you:

- a. John 3:16
- b. Psalms 91:11
- c. John 14:3
- d. Psalms 23:1
- e. Your choice



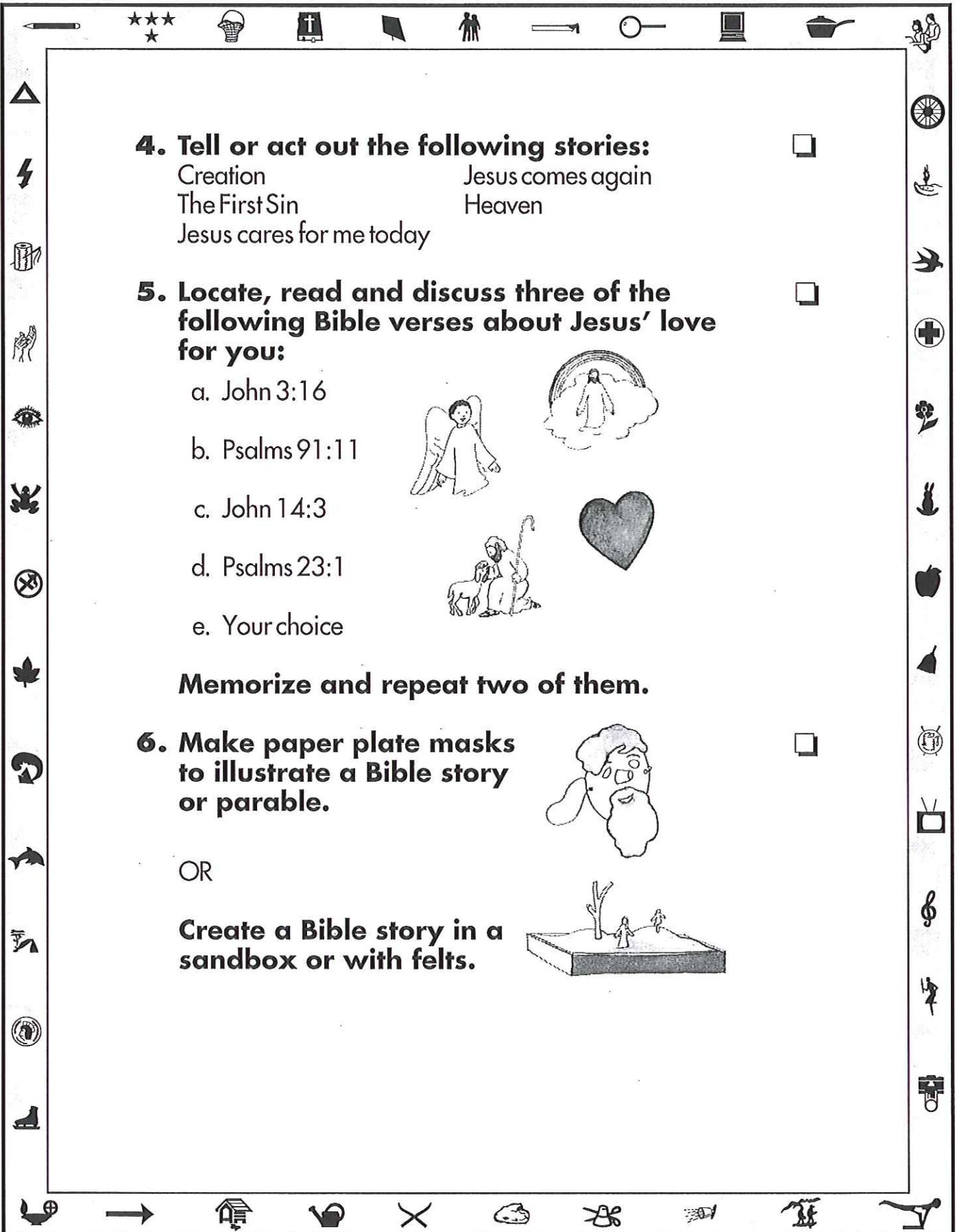
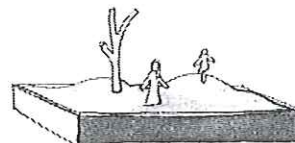
Memorize and repeat two of them.

6. Make paper plate masks to illustrate a Bible story or parable.



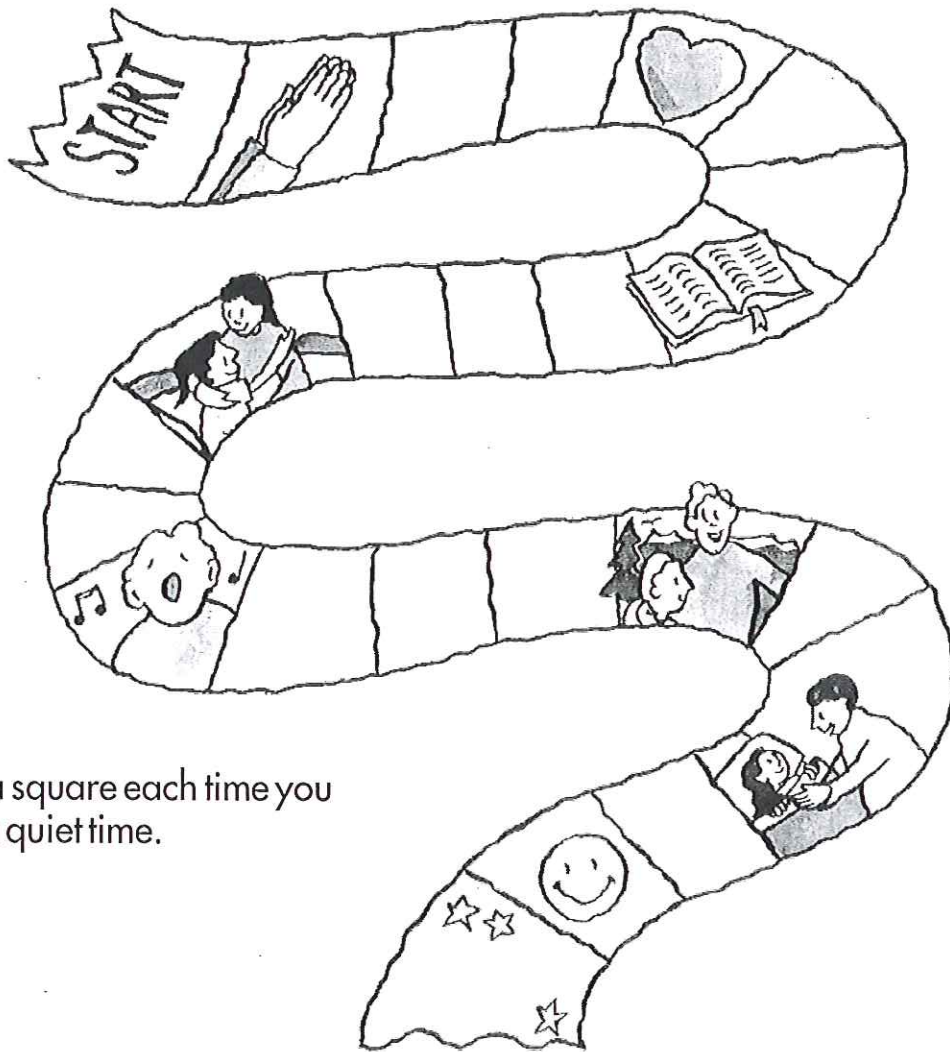
OR

Create a Bible story in a sandbox or with felts.



His Power in My Life

A. Spend a regular quiet time with Jesus to talk with Him and learn about Him.



Fill in a square each time you have a quiet time.

Suggestions for Parents or Leaders

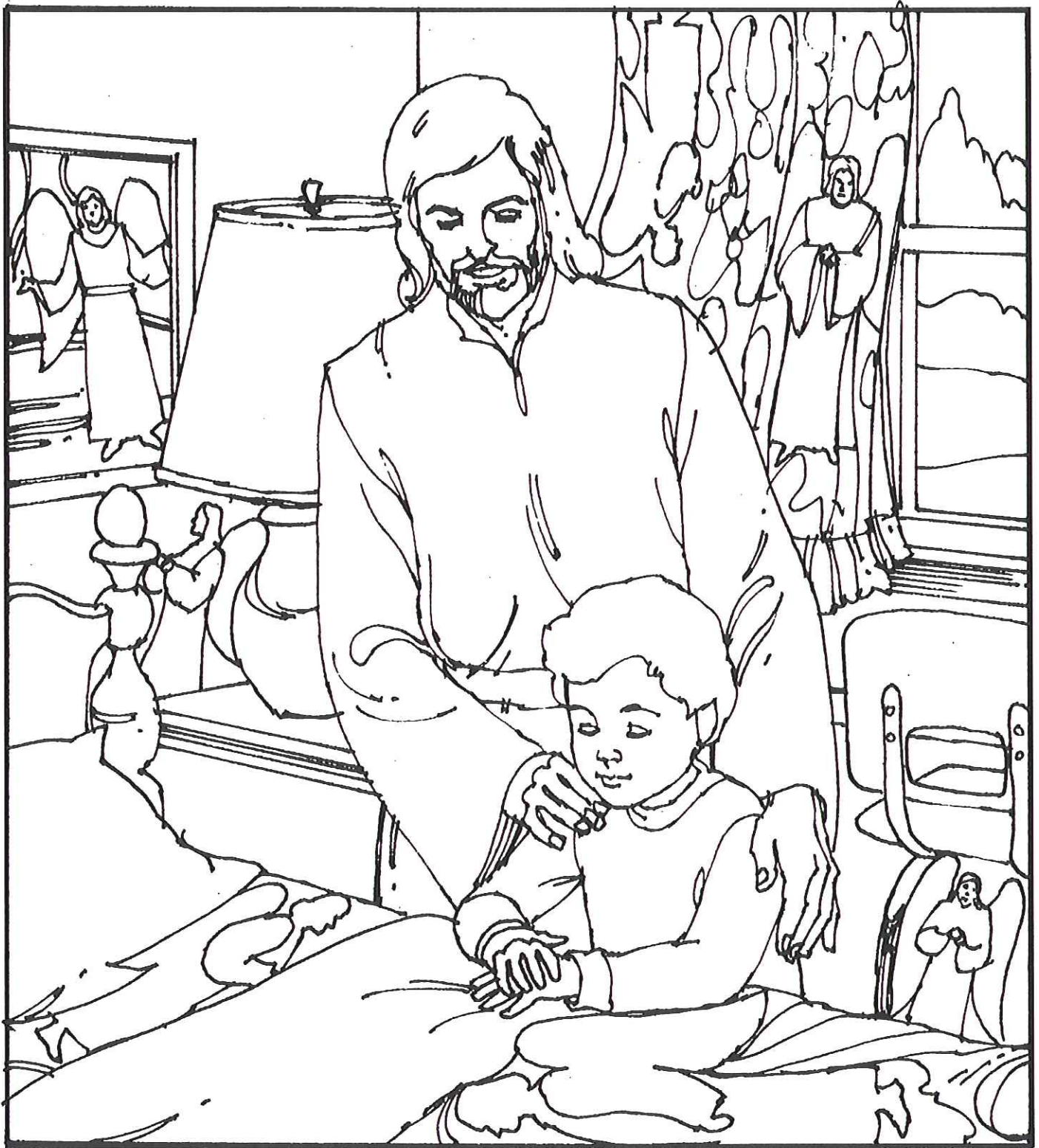
Your child needs your example and leadership as he tries to form good devotional habits.

You can help by:

- Having your own daily quiet time with Jesus
- enthusiastically sharing some of the inspiration and insights you receive during your quiet time;
- leading out in family worship daily;
- helping your child choose a wise time and place for his quiet time;
- being a part of your child's quiet time until he is able and eager to continue on his own.

B. Ask three people what they pray about.

Then color the picture of you talking to Jesus. Find seven hidden angels.





I Am Special

Make a booklet showing different people who care for you.

Doctor



Nurse



Teacher



Pastor

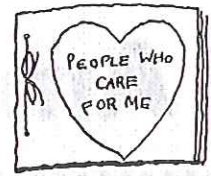


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Suggestions for Parents or Leaders

Bringing real "caring people" to talk to your Busy Bee class or have them write notes to the children to place in their booklets.

Children may add pictures of their friends, parents relative...to their booklets



Police Officer



Fireman



Business Person



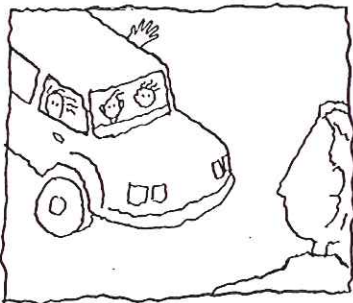
Mail Carrier



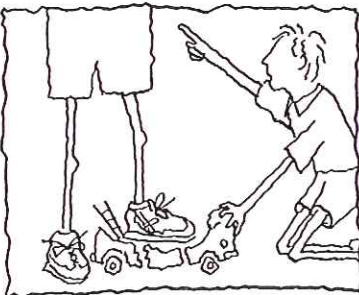
I Can Make Wise Decisions

Name at least four different feelings. Play the "Feelings" game.

Match the pictures and name the feelings. Can you name some more feelings?









Suggestions for Parents or Leaders

A person's feelings have a strong influence on the decisions and actions he makes. Recognizing and naming these feelings is the first step in being able to deal with them successfully. Feelings themselves are not good or bad—it is what we do with our feelings that is important. Children experience both positive and negative feelings. Many words describe these feelings.

Some positive feelings the children might express include love, pride, confidence, excitement, enjoyment, happiness, courage, and security. These positive feelings may be dealt with by being thankful for them, enjoying them and sharing them with others.

Negative feelings which the children may recognize include anger, guilt, jealousy, sadness, loneliness, embarrassment, fear, disappointment, discouragement, anxiety, frustration and grumpiness. Children can be led through the following steps in dealing with these feelings:

1. Tell Jesus how you feel. Ask Him for help.
2. Ask yourself:
“What am I feeling?”
“Why am I feeling this way?”
“What shall I do about it?”
“Is this a good thing to do?”
3. Do what you have decided to do.

Hurting oneself or other people or things is not a good way to deal with negative feelings. Neither is lying, running away from the problem, or thinking a lot of negative thoughts about yourself or others. Negative feelings can be dealt with by looking for a solution such as:

- ☞ Talking honestly with someone about your negative feelings
- ☞ Finding out more about the problem and working to change it
- ☞ Being alone for a while
- ☞ Working out your feelings in a harmless way, such as crying, drawing or writing, or kicking a ball; or
- ☞ Telling yourself positive, helpful things

Obviously, different solutions are appropriate for different situations, feelings and people.

At a very early age, children can begin to learn to recognize their feelings and to talk with someone about the feelings they have and how they can deal with these feelings. They can learn to communicate their feelings in a kind way to helpful adults and to the person(s) who provided those feelings. Kind communication of feelings involves both choosing the words carefully and speaking

in a kind manner. An adult can help the child decide how to communicate his/her feelings by helping him/her to choose appropriate words as well as an appropriate time and place to share such feelings.

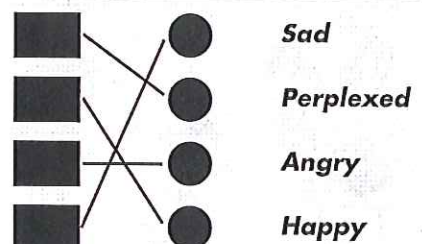
The Feelings Game

1. With the children, brainstorm different kinds of feelings and write each one on a small card or piece of paper.
2. Place the feelings cards in a bag or box.
3. Divide the children into groups of two or three and allow each group to draw a feelings card.
4. Instruct the groups to practice showing how they might look when they have that feeling (body language). Each group should also be ready to tell or act out a situation in which they have felt that way.
5. After each group presents their feeling to the entire group, talk about ways in which God can help us deal with that feeling. (You may use the steps for dealing with negative feelings suggested in the **Background Information**, along with the accompanying poster in the “My Self” section of the appendix.)

Other Methods

1. Help children build the habit of recognizing, naming, and dealing positively with their feelings whenever possible by:
 - spotting children who appear to be upset
 - encouraging them to talk about what they are feeling and why
 - accepting the feelings they express without condemning
 - helping them to choose a positive way of dealing with the feeling.
2. Another type of feeling game may be played by discussing, acting, or writing about feeling reactions and solutions to specific situations, such as getting an “A,” being teased, having a birthday, fighting with a sibling, or feeling left out.
3. Children may also enjoy listing and/or discussing their happiest moment, saddest moment, etc.

Puzzle Key

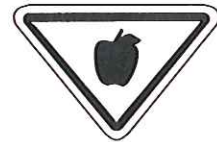


I Can Care for My Body

3

Earn the Health Specialist Adventurer Award

Health Specialist Award



1. Memorize I Corinthians 6:19, 20.
2. Describe a proper diet, and list the basic food groups.



Cross out the diets that will hurt you.

3. Explain why your body needs exercise.



4. Record the hours you sleep, and tell why you need rest.

I sleep _____ hours every night.

5. Explain why you need fresh air and sunlight.



6. Explain why water is important for your body.

List the number of glasses of water you should drink each day. _____



7. Describe and illustrate good dental hygiene.



8. Name three things that may harm your health.



9. Participate in a recognized fitness test.



- a. President's Challenge
- b. An equivalent program

Suggestions for Parents or Leaders

Make this award fun by:

- building food group collages or sorting types of food into boxes.
- enjoying an exercise activity together in the sunshine and fresh air.
- having a healthy water-drinking contest.

Order the information for the fitness tests from:

President's Challenge
 Poplars Research Center
 400 East 7th Street
 Bloomington, IN 47405

President's Challenge Qualifying Standards

Age	Curl-Ups (in 1 minute)	Shuttle Run (seconds)	V-Sit Reach (inches)	Sit & Reach (centimeters)	1-mile Run (min./sec.)	Pull-Ups (number)
Boys						
6	33	12.1	+3.5	31	10:15	2
7	36	11.5	+3.5	30	9:22	4
8	40	11.1	+3.0	31	8:48	5
9	41	10.9	+3.0	31	8:31	5
10	45	10.3	+4.0	30	7:57	6
Girls						
6	32	12.4	+5.5	32	11:20	2
7	34	12.1	+5.0	32	10:36	2
8	38	11.8	+4.5	33	10:02	2
9	39	11.1	+5.5	33	9:30	2
10	40	10.8	+6.0	33	9:19	3



I Have a Family

Paint or draw a picture showing something you like about each member of your family.



A large, empty rectangular box with a solid black border, intended for the student to draw or paint a picture of their family members.

Suggestions for Parents or Leaders

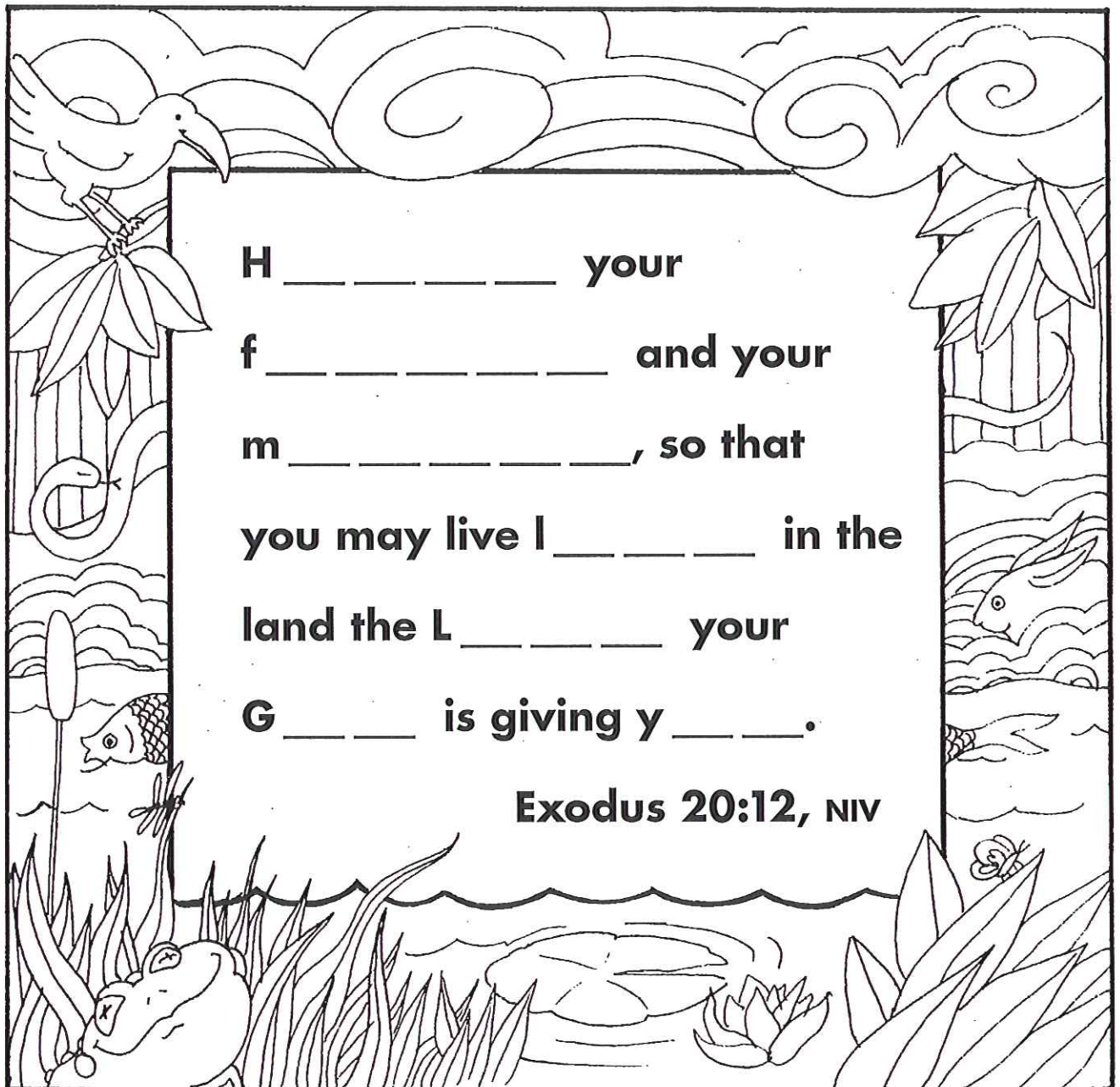
Every child has a family of some kind. The purpose of this activity is to help the child appreciate his family. A family may be defined as a group of people who care for each other and live together in a home. Families are usually related. A family may be a “natural,” step, adoptive, or foster family. There are no perfect families.

God wants to help each family to be what He designed them to be—a place where people cooperate, share, and support each other, even when they disagree.

As you work, talk about how various families and family members are different and similar, and how each is special and valuable.

Families Care for Each Other

A. Discover what the fifth commandment (Exodus 20:12) tells you about families.



B. Act out three ways you can honor your family.

Suggestions for Parents or Leaders

One of the main ways in which children honor their mothers and fathers is by obeying them. Family rules are essential because they describe how people can live safely and happily together within their environment. Families have rules concerning: the use of space (such as where to eat or play); time schedules (such as when to get home after school); belongings (such as borrowing or sharing); work (such as chores); play (such as what or where); habits or customs of the family (such as ways of doing different things). Parents are responsible for the well-being of the family (caring for, teaching, and encouraging). They have the final responsibility for setting the rules.

The words we speak and the way we say them also may honor or dishonor our parents. It is important to speak to parents and family members in a respectful, kind way. Disagreements and feelings may be expressed in a reasonable way, but then the parent's decision must be accepted.

Carrying one's fair share of family responsibility is another way to honor one's family. There are many responsibilities that need to be taken care of for the benefit of the whole family, and it is unrealistic and unfair to expect that one or even two people should shoulder the burden for tasks that will benefit all.

My Family Helps Me Care for Myself

Complete one requirement of the Safety Specialist Adventurer Award.

Safety Specialist Award



1. Watch a video or movie on home safety and discuss what you learned.
2. With your parents, develop a home fire-safety plan. Describe where the household fire extinguishers are kept and how to use them.

Home Safety Plan

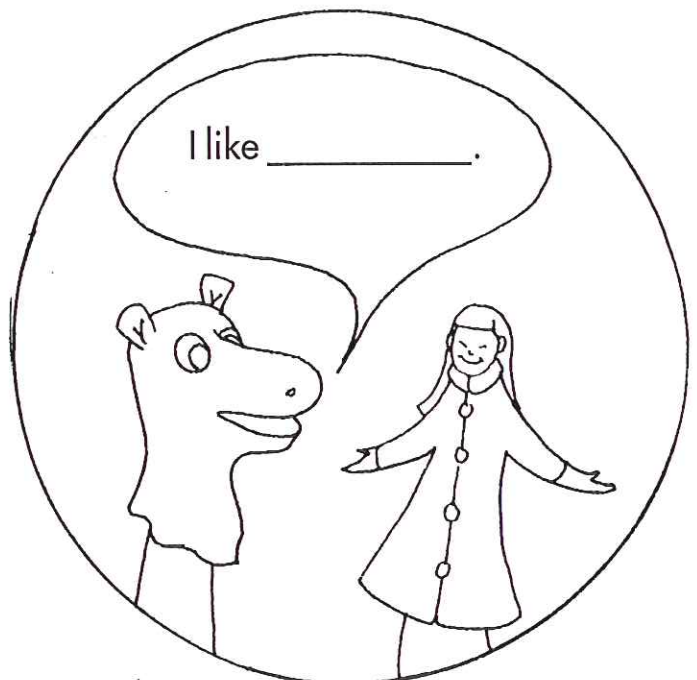
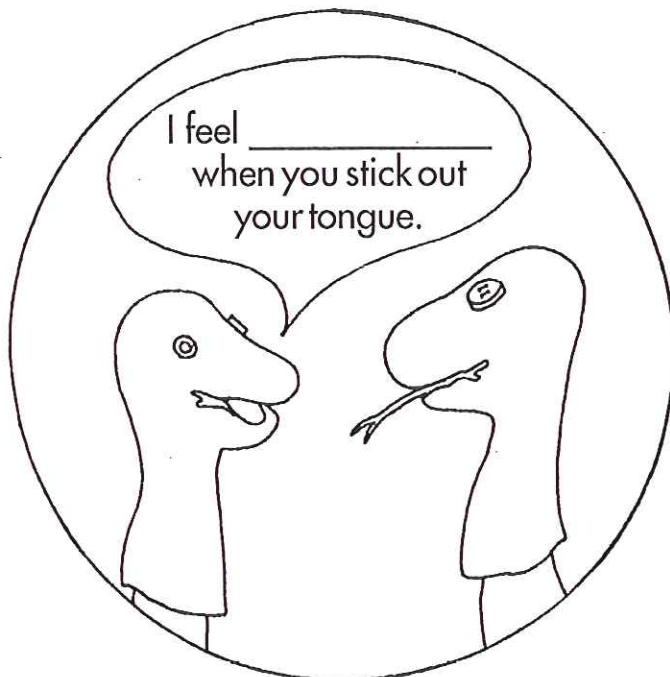
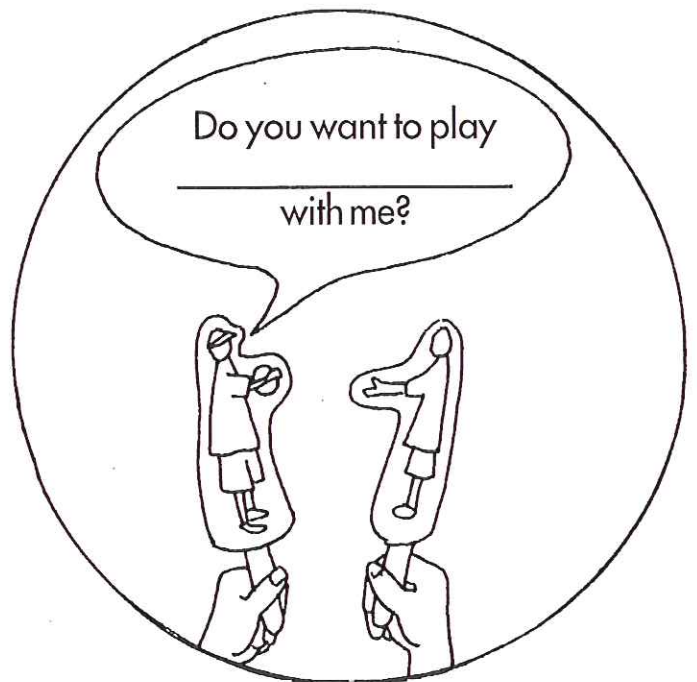
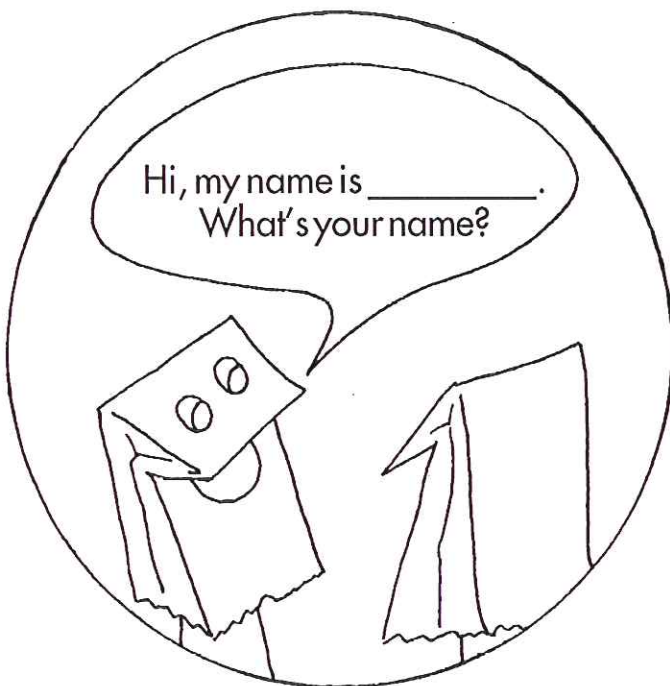
If someone finds a fire, they will _____.
I will _____ immediately.
I can call _____ from the
neighbor's house. If my door feels hot, I can go
out _____. I will go straight
to _____. The fire
extinguisher is _____.



The World of Friends

Tell how you can be a good friend. Use:

- Puppets
- Role playing
- Your choice



Suggestions for Parents or Leaders

To make friends, children can be taught to:

- 1.** Remember that every person is special and important.
- 2.** Be friendly—let others know that you care about them.
- 3.** Be interested--listen to people. Invite them to do things with you.
- 4.** Be independent—find things you enjoy doing on your own.
- 5.** Trust God to help you find the right friends.

To help children learn to keep friends, encourage children to:

- 1.** Take turns and share. (Don't always insist on having your own way.)
- 2.** Encourage and praise your friend whenever you can.
- 3.** Don't nag or argue—tell your feelings and listen to your friend's feelings.
- 4.** Do nice things for your friend.
- 5.** Be willing to share your friend with other kids.

To act out the principles for being a good friend, children may:

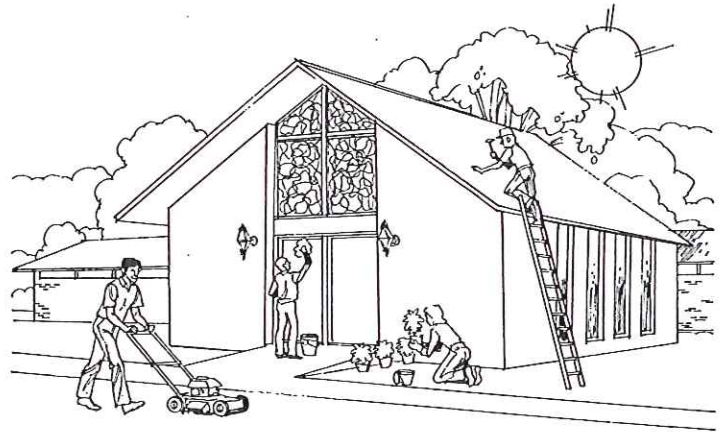
- make their own puppets (from paper bags or sticks and cut-out pictures)
- use simple store-bought puppets
- plan small role plays or skits

The World of Other People

A. Discuss the work people do for your church.

B. Learn about one job by helping the person do it.

Draw what you did.



Suggestions for Parents or Leaders

The tasks in the local church may be explained by dividing them into categories, such as:

- 1.** Leaders: pastor, elders, church board members
- 2.** Caretakers: deacons, treasurer, clerk, secretary
- 3.** Teachers: Sabbath School teachers
- 4.** Church Ministries: personal ministries, community services, AY/Pathfinder leader, Adventurer leader, musicians

Teaching Tips

- Ask the pastor and/or a representative from each job category to give a *brief* (five minutes) description of their job and why they do it. (Because they

want to share God's love with their church family.)

- Children can learn actively about these jobs by visiting the various areas in the church. They may see where the work is done and examine the materials used for doing it. This is also an opportunity to teach reverence in the sanctuary and to notice how much their church family loves and values them.
- Possible jobs include assisting with:
 - VBS or the younger Sabbath School divisions
 - Visiting missing members
 - Ingathering and community service projects
 - Church upkeep and beautification
 - Greeting or ushering
 - Special music

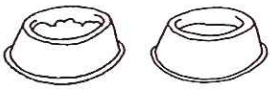
The World of Nature


Decorative border with icons: pencil, stars, basket, cross, flag, people, arrow, magnifying glass, TV, pot, person, wheel, candle, bird, cross, flower, rabbit, apple, leaf, clock, TV, musical note, person, bird, scissors, fish, person, person, arrow, house, water, X, cloud, person, person, person.

Earn a Friend of Animals Adventurer Award

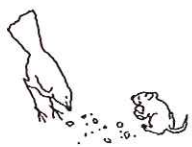
Friend of Animals Award

1. Take care of a pet for four weeks.

a. Feed it and be certain it has fresh water. 

b. Brush your pet, give it a bath or clean its resting place, 

OR

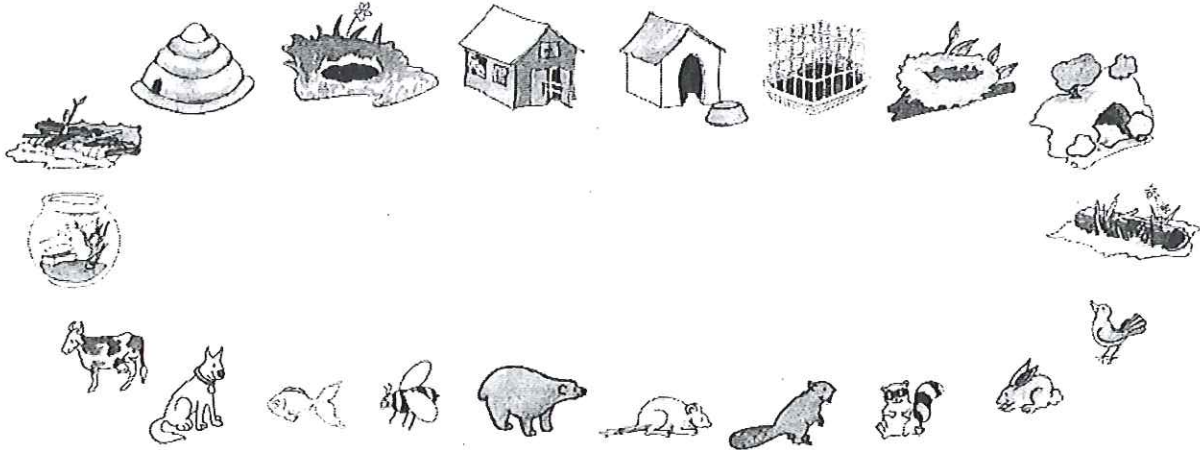
Put out scraps or seeds for birds or animals in your neighborhood or school. 

a. Identify creatures that eat these scraps.

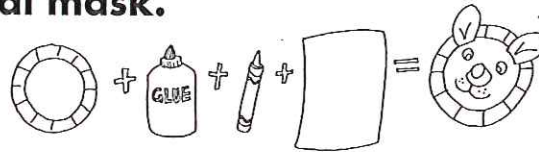
b. Draw and color pictures of them.

2. List creatures that live in your neighborhood.

3. Match 10 animals with their houses.



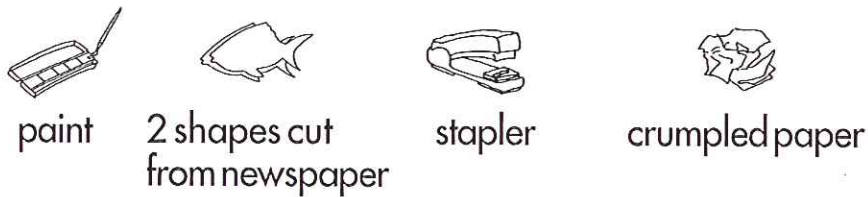
4. Make an animal mask.



5. Play an animal game.

You could play animal charades or animal lotto or another game.

6. Make a stuffed animal. Describe how this animal would be cared for if it were real,



OR

Visit one of the following:

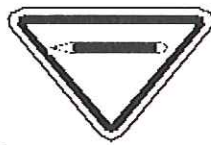
- a. zoo
- b. kennel
- c. museum
- d. farmyard
- e. aviary
- f. pet shop

7. On what day of creation did God create the animal you cared for? _____



More Awards for Busy Bees

Artist



1. Explain who an artist is.
Name Creation's Master Artist.
2. Name and know the primary colors.
 - a. Mix these colors to make three new colors.
 - b. Use these six colors to make a picture.
3. Demonstrate how to sharpen pencils and clean brushes.
 - a. Sharpen two pencils.
 - b. Using water, clean your brush.
4. Make a design with each of the following:
 - a. Finger paints
 - b. Colored pencils
 - c. Felt markers
5. Learn an art technique and demonstrate two of the following:
 - a. Potato prints
 - b. Stencil
 - c. Papier-mache or clay model
 - d. Bread dough art
6. Make two of the following:
 - a. An invitation
 - b. A book mark
 - c. A greeting card
 - d. A poster

Butterfly



1. Learn how butterflies live and eat.
2. Collect pictures, stickers or photos of butterflies that live in your state.
3. Discuss and draw the life cycle of the butterfly.
4. Memorize John 3:7 and discuss the story of Nicodemus in John 3.
5. Make one of the following crafts:
 - a. A butterfly on the sidewalk with chalk
 - b. A torn construction paper picture of a butterfly
 - c. A butterfly in the sand or snow

- d. A butterfly mobile
 - e. A butterfly magnet
 - f. A butterfly made with beads
 - g. A butterfly made of colored tissue clipped together with a clothes pin.
6. Learn a song about butterflies.

Fish



1. Find three of the "fish stories" in the Bible:
 - a. Loaves and fishes (Mark 6:34-44 and Matthew 14:13-21).
 - b. Father knows best (Luke 11:11-13).
 - c. Jonah (Jonah 1-2)
 - d. Breakfast with Jesus (John 21:8-113)
 - e. Fishers of men (Matthew 4:18-22)
2. Learn how fish served an important part in providing food for the pilgrims.
3. Learn how to care for a pet fish.
4. Learn about 2 fish that live in a lake or ocean that is closest to you and how to protect them.
5. Play a fish game or complete a fish craft.

Flowers



1. List five flowers mentioned in the Bible.
2. Identify 10 of the following:

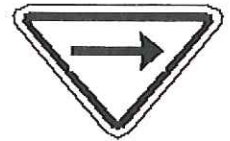
a. Daffodil	g. Rose
b. Daisy	h. Carnation
c. Geranium	i. Gladiolus
d. Tulip	j. Lily
e. Pansy	k. Iris
f. Chrysanthemum	l. Petunia
3. Tell what attracts bees and insects to flowers and what it is they get from flowers.
4. Describe three ways in which flower seeds are scattered.
5. Play a "Pollen Game."
6. Make a bookmark using dried flower petals.
7. Take a bouquet of garden flowers to share with someone.

Friend of Jesus



1. Tell a friend about Jesus and how good He is to you.
2. Invite a friend to a meeting at your church or to family worship.
3. With adult help, prepare a devotional or a prayer to be given at Sabbath School, a club meeting or school.
4. Visit a shut-in or older person from your community. Take him/her a picture or card you have made.
5. Tell why you should be kind to animals.
6. Attend a baptism and discuss what it means.
7. Explain what it means to be a friend of Jesus and name five of Jesus' friends listed in your Bible.
8. Be able to say a prayer at mealtime and one at bedtime.
9. Speak kindly to your family and friends. Discuss how being kind to others is also being a friend of Jesus.

Guide



1. Describe what a guide does.
2. Draw a map or give your group directions to your house.
3. Be able to lead someone to the following locations:
 - a. post office
 - b. grocery store
 - c. phone booth
 - d. police station
 - e. church
 - f. school
4. Demonstrate how to ask directions, and list people whom you can safely ask.
5. As a group, organize a trip to and visit one of the following:
 - a. museum
 - b. fire station
 - c. art festival
 - d. water-treatment plant
 - e. monument
 - f. police station
 - g. factory
6. You have been a guide to different places, but who is our guide according to Psalm 48:14?

Home Helper



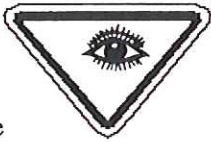
1. Assist with two of the following chores:
 - a. Laundry
 - b. Preparing a meal
 - c. Washing the car
 - d. Grocery shopping
2. Set the table and help do the dishes four times in one week.
3. Make your bed and help to clean your room for three weeks.
4. Demonstrate your ability to do two of the following:
 - a. Vacuum the carpet or beat a rug
 - b. Dust furniture
 - c. Sweep or mop
5. Be responsible for emptying the wastebaskets or trash container for one week. Separate all recyclable materials.
6. Discuss the following and learn to:
 - a. Dust window sills
 - b. Remove spider webs
 - c. Wash windows
 - d. Clean woodwork
 - e. Separate all recyclable materials
7. Listen to the story of one of these children who helped:
 - a. Samuel
 - b. Namaan's servant girl
 - c. Jesus

Music Maker



1. Discuss guidelines for Christians to follow in choosing music.
 2. Name and identify six different musical instruments.
 3. Make a poster or collage showing the above instruments.
 4. Name three musical instruments mentioned in the Bible.
 5. Demonstrate how to play a musical instrument.
 6. Learn two songs and play or sing them.
- OR**
Play in a rhythm band or participate in making music with family or friends.

Spotter



1. Spot, identify, and collect a picture of the following:
 - a. four different animals
 - b. four different types of motor vehicles
 - c. two different types of airplanes
 - d. four different nature items
 - e. four different birds
2. Observe three of the following people in uniform:
 - a. policeman
 - b. fireman
 - c. nurse
 - d. postman
 - e. ambulance worker
 - f. traffic warden
3. Find, read, and explain what the text Matthew 28:20 is telling us.
4. Observe your church. Is there anything you can do to keep it clean? Write or draw what you can do to help.
5. Look at your room and draw a picture of it for your scrapbook. Clean your room and draw a second picture and color it.
6. Remember 10 or 15 items after looking at them for two minutes.

Swimmer I



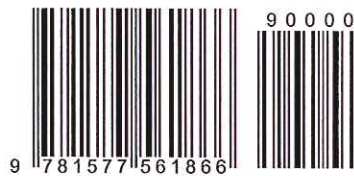
Complete the Red Cross Swim Level I
— Water Exploration or the following:

1. Learn seven safety rules for swimmers.
2. Fully submerge face for three seconds.
3. Experience buoyancy. Bounce up and down in chest-deep water, maintaining an upright position for ten bounces.
4. Demonstrate support float on front and back.
5. Demonstrate bubble-blowing.
6. Enter and exit water independently using ladder, ramp, steps, or side of pool.
7. Walk five yards in chest-deep water maintaining balance, or move five yards along the side of the pool maintaining contact with the wall.
8. Demonstrate kicking on front and back.
9. Walk five yards in chest-deep water using alternating arm strokes.
10. Discuss the importance of following rules.
11. Discuss the role of safety personnel and EMS.
12. Demonstrate reaching assists without equipment.
13. Demonstrate how to relieve a cramp.
14. Demonstrate wearing a life jacket on desk and enter shallow water.



**Adventurer Ministries
North American Division
Seventh-day Adventist Church**
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ISBN 1-57756-186-4



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